



## During October we encourage you to act local

The Hunter Breast Cancer Foundation is a not for profit organisation which receives no Government funding.

All money raised and donated to the Hunter Breast Cancer Foundation stays in the Hunter.

As you would be aware, October is the time of year when we focus on assisting those who are currently undergoing treatment and drawing attention to the ongoing fight against breast cancer.

The Hunter Breast Cancer Foundation assists these people by providing Supportive Care which consists of:

- Supplying a comfort cushion in hospital following breast surgery
- Door to door transport to and from medical and hospital appointments
- House cleaning and lawn mowing services while patients are undergoing treatment
- Virginia Rigby Scholarships to children who have lost their Mums to breast cancer.

All these services are provided free of charge and are available in all areas of the Hunter.

In addition to these activities we are able to work with other organisations to assist people in the Hunter undergoing breast cancer treatment. Recently, in conjunction with Newcastle Private Hospital, the HBCF established a Wig Library within the hospital which will be available for all cancer patients with private health insurance.

We are also very aware of the large geographic area of the Hunter. To assist patients living in the outlying areas of the region we provided two additional Hydroven Therapy Pumps to Calvary Mater Hospital for the treatment of patients with lymphoedema following surgery. This allows the patients to borrow a pump to use at home, thus minimising the number of long trips to the Mater.

We also look towards the future and have established scholarships with the University of Newcastle

Foundation. These scholarships allow nursing students to undertake supplementary courses in subjects such as meditation and relaxation. These types of treatments are provided to patients to assist them during their difficult journey.

In addition we recently provided a range of textbooks for the ongoing education of nursing staff at Newcastle Private Hospital.

We are always looking for new areas of support we can provide to breast cancer patients. If you have any suggestions for other ways that the Hunter Breast Cancer Foundation can provide support, please contact me.

Please remember to think local during October and support Breast Cancer Awareness month by donating to the Hunter Breast Cancer Foundation, local people supporting local people.

**Rosalie Taggart**  
*HBCF President*

# Bravo!

OFFICIAL NEWSLETTER OF THE HUNTER BREAST CANCER FOUNDATION

PO Box 6059 Mount Hutton 2290 | [www.hbcf.org.au](http://www.hbcf.org.au) | 0419 658 875



The annual Bubbly Breakfast is back again for 2011!

Hosted by Peterson House - who put the bubbly in the breakfast! - the event is an opportunity to celebrate the ongoing work that is being done in the Hunter by dedicated men and women

**For more information please contact Janene Spence enquires@hbcf.org.au**

## A good nights' sleep

The Hunter Breast Cancer Foundation recently donated a hospital quality fold-out bed for the New Oncology department of Newcastle Private Hospital.

This bed will allow the family or friends of ill patients to stay overnight with their loved one during their time in hospital.

## Think Pink Luncheon and Fashion Show

Newcastle Panthers would like to invite you to join them for their Pink Ribbon Luncheon, which will feature a very unique Fashion Show.

Each model is currently undergoing treatment at the Calvary Mater Newcastle's oncology unit.

After being styled by David Jones, they will each have their moment on the catwalk as their story is shared with attendees.

Proceeds will be donated to the Hunter Breast Cancer Foundation and The Mater Wig Service.

This event will be hosted by NXFM's Alex the Kid and guest speakers include Rosalie Taggart (Hunter Breast Cancer Foundation) and Ailsa Hawkins (Calvary Mater Newcastle) with entertainment by Melody Pool.

**When: Friday, 21 October  
Time: 12pm for 12.30pm start  
Cost: \$120 per person  
RSVP: 4926 6200**

## Drivers needed

The Foundation is always in need of volunteer drivers. To be eligible you need to have a current driver's licence and a registered motor vehicle with comprehensive car insurance.

Our drivers are carrying out an average of 40 return transport trips each month. You may elect to drive very occasionally or very often – just let us know your availability. Drivers are reimbursed for fuel and running costs on a per kilometre basis, meaning you won't be out of pocket for providing this really valuable service.

Our clients are very appreciative and you will find this to be a most rewarding experience.

If you would like to volunteer your time to be a driver, we will take any time you have!

**For more information please contact Paula on 0419 658 875 or enquires@hbcf.org.au**

## Toronto Workers Club Girls Night Out



Feel like a girls night out? There will be raffles, wine tasting and fancy dress!

50 per cent of proceeds will go to HBCF and the remainder to the Cancer Council!

Saturday, 15 October from 5pm

**Enquiries to Natalaie Edwick, Marketing Manager, Toronto Workers Club, 4959 2011**

## Mary Ellen Hotel Melbourne Cup Party

To be held on Tuesday, 1 November, it's a great way to celebrate Melbourne Cup Day and support a local charity.

**Enquiries to Fiona Davis at Mary Ellen on 4963 7731**

## Newcastle Pirates Winter Swimming Club

The second annual Newcastle Pirates Winter Swimming Club, Breakfast was held at Dixon Park Surf Club Sunday 11 September.

It was another successful day, raising over \$6,000 for HBCF.