

Singleton 'Women With Cancer' Support Group



The Singleton 'Women With Cancer' Support Group operates under the auspices of the Hunter Breast Cancer Foundation. The Singleton Support Group is a team of dedicated volunteer committee members whose primary role is to offer women with cancer; newly diagnosed, during treatment and post treatment, practical day-to-day 'grass roots' supportive care and to bring women together for fun and social activities.

The committee members of the Singleton Support Group understand the needs of women who are dealing with the effects of cancer and offer a **hand of friendship** to those women to help them through their journey - they do this through the supportive care program. This program is tailored to meet individual needs and offers house cleaning, lawn mowing, washing/ironing, child care, transport to and from treatment/medical appointments and financial assistance.

The Supportive Care offered by the Support Group Committee is completely **FREE OF CHARGE** and is available to all women and their families. *Questions and answers relating to Supportive Care can be found on the reverse side of this information leaflet.*

To discuss your supportive care needs; to become involved with the Support Group Committee; or would like to know more about the group's social activities then please contact:

Lyn Paix, President
(02) 6571 1737
or
Helen Horne, Secretary
(02) 6572 2195 or 0408 639 747

The Singleton 'Women With Cancer' Support Group meet on the 1st Friday of each month @ 12.30pm at the Singleton Community Health Centre 'Group Room', Boonal Street, Singleton. Everyone is welcome to attend. Feel free to bring your lunch or a plate.

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Supportive Care

Questions & Answers



1. What is supportive care?

A tailored package providing homecare services to women undergoing chemotherapy and/or radiation treatment for cancer.

2. What does the homecare services include?

Housekeeping, ironing, lawn mowing, child care, transport to and from appointments. These services are available on an individual basis or can be tailored into a package depending on your needs.

3. What is the length of time the homecare services can be utilised?

The homecare services can be utilised for the duration of chemotherapy and/or radiation treatment.

4. Who undertakes the homecare services?

The Support Group Committee hires registered providers who have met with specific codes of the industry including insurance coverage. The Committee will do its best to ensure that the providers you are given will be the same throughout your treatment and are fully trustworthy.

5. What happens if the homecare service provided is not up to standard?

Contact the President of the Support Group Committee immediately and we will work with the provider to resolve the issue as quickly as possible.

6. How much does supportive care cost?

*This service is **FREE OF CHARGE**. The Support Group Committee's mission is to ease the burden for women undergoing cancer treatment and their families.*

7. What are the benefits of using Supportive Care?

Chemotherapy and/or radiation treatment can be very debilitating and can take an enormous toll, not just on the patient, but the family as well. Patients need to focus on regaining strength and their health - by taking advantage of the homecare services it will endeavour to ease the stress and make life a little more comfortable not having to worry about domestic chores and the like.

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